

# Holy Spirit Catholic Church

1000 W. Lantana Road, Lantana, Florida 33462

Phone: (561) 585-5970 Fax: (561) 585-8482 Website: holyspiritlantana.com

Office Hours: Monday - Friday: 8:00 a.m. to 4:00 p.m. Email: office@holyspiritlantana.com



*Fifth Sunday in Ordinary Time*

*February 9, 2025*

## Pastor

Rev. Eli St. Fort

## Weekend Assistance

Msgr. Gabriel Ghanoum

Rev. Paul Nguyen

Rev. John J. Mericantante

## Deacon

Deacon Kenneth "Ken" Vianale

## Staff

Leonita O. Jemty, *Receptionist*

Patrice Althouse, *Director of Faith Formation*

Suzie Walsh, *Parish Administrator/Bookkeeper*

Tinah M. Mejia, *Youth Ministry Director*

Sergey Skobin, *Director of Music & Liturgy Ministries*

Abe Betances & John Hoang, *Maintenance*

Maria Joya, *Housekeeping*

Sister Mary Therese Napolitan, OP, *Head Sacristan*

Tedy Charles, *Sacristan*

Suzanne Falcone, *Latin Mass Sacristan*

Trish Weaver-Monahan, RN, *Parish Nurse*

"Do not be afraid;  
from now on you  
will be catching men."

Luke 5:10



## HOLY SPIRIT PARISH MISSION STATEMENT

We are called to embrace faith in the Son of God as Lord and Savior. In our Roman Catholic tradition, through the cleansing waters of Baptism, we die to self and rise as children of the Father.

Confirmed, empowered and guided by His Spirit, we become the church when we gather in His name, are taught with His living Word, and are nourished with His living presence.

So that, we might be sent to witness the Good News of the Paschal Mystery in loving service to the human family; and be united with Him and His Saints in Heaven forever.

## Masses

Monday - Friday 7:30 a.m., 9:00 a.m.

Saturday 9:00 a.m.

Saturday Vigil 4:00 p.m., 7:00 p.m. Polish Mass

Sunday 7:30, 9:00, 10:30 a.m. and Noon

2:00 p.m. Latin Mass

4:30 p.m. Vietnamese Mass

## Confessions in Church

Saturday 2:30 p.m.

## Members of the Parish Council

Dr. Thomas Ermolovich, *Chairman*, Nancy Jutba, *Secretary*, Ruth Ann McVeigh, James Kintz, William Bond, Julie Vianale and Lazara Hurd

# PARISH MINISTRIES

<b>ANNULMENTS</b>	561-585-5970
Dr. Thomas & Elaine Ermolovich	<i>annulments@holyspiritlantana.com</i>
<b>BAPTISMS</b>	561-585-5970
Patrice Althouse	<i>religioused@holyspiritlantana.com</i>
<b>CATECHESIS OF THE GOOD SHEPHERD</b>	
Carmen West	<i>cjwest112gs@gmail.com</i>
<b>AFCMFLORIDA PRAYER GROUP</b>	<i>afcmflorida@gmail.com</i>
Jobish & Jincy	561-635-3869
<b>COUNCIL OF CATHOLIC WOMEN</b>	561-642-0513
Karen Zaremba	<i>KZarem@aol.com</i>
<b>COUPLES FOR CHRIST</b>	561-358-5262
Sam & Nancy Jutba	<i>ndjflorida@gmail.com</i>
<b>CROCHET/KNITTING GUILD</b>	
Jean Garner	561-585-5970
<b>DIRECTOR OF LITURGY &amp; MUSIC</b>	
Sergey Skobin	<i>sskobin@holyspiritlantana.com</i>
<b>DIVINE WILL PRAYER GROUP</b>	561-585-5970
<b>EVENTS/PARISH CALENDAR</b>	561-585-5970
Parish Office	<i>office@holyspiritlantana.com</i>
<b>FUNERAL ARRANGEMENTS</b>	561-585-5970
Parish Office	
<b>GIFT SHOP</b>	561-585-5970
Marie Cantone and Peggy Giglio	
<b>GREETING MINISTRY</b>	561-585-5970
Parish Office	
<b>LECTORS</b>	417-725-5555
Pat McCaffrey	<i>hpatrickmccaffrey@gmail.com</i>
<b>LEGION OF MARY</b>	561-585-5970
Mariana Dutchram	
<b>MARRIAGE PREPARATIONS</b>	561-585-5970
Parish Office	<i>office@holyspiritlantana.com</i>
<b>MASTER OF CEREMONY OF THE TRADITIONAL LATIN MASS</b>	
Fernando Badillo	561-585-5970
<b>MINISTERS OF HOLY COMMUNION/OUTREACH</b>	
Sister Mary Therese Napolitan, OP	561-585-5970
<b>MINISTRY OF HOSPITALITY/USHERS</b>	
Parish Office	561-585-5970
<b>MEDIA &amp; MUSIC MINISTRY</b>	561-585-5970
Manny Zaide	
<b>PARISH NURSE MINISTRY</b>	561-303-8450
Trish Weaver-Monahan, RN	<i>trishfein@bellsouth.net</i>
<b>R.C.I.A.</b>	561-585-5970
Wayne and Lazara Hurd	828-783-8701
<b>RELIGIOUS EDUCATION/P.R.E.P.</b>	561-585-5970
Patrice Althouse	<i>religioused@holyspiritlantana.com</i>
<b>RESPECT LIFE MINISTRY</b>	561-631-7491
Carlota Goldstein	<i>cwfggold@gmail.com</i>
<b>SANDWICH MINISTRY</b>	561-585-5970
Leonita Jempty, Vinny & Peggy Giglio	<i>office@holyspiritlantana.com</i>
<b>ST. VINCENT DE PAUL</b>	561-585-0012
David Ramirez	
<b>VOCATION CHALICE MINISTRY</b>	561-585-5970
Leonita Jempty	<i>office@holyspiritlantana.com</i>
<b>YOUTH MINISTRY (Ages 13-18)</b>	561-329-7288
Tinah M. Mejia	<i>youthministry@holyspiritlantana.com</i>

## Stewardship of Treasure

### PARISH COLLECTIONS

#### Weekly Offering - Sunday, February 2, 2025

Envelopes Received	244
Cash	\$ 5,625.00
Coins	\$ 8.66
Checks	\$ 6,313.00
<b>Total</b>	<b>\$11,946.66</b>

#### Second Collection - Diocesan Catholic Education

Envelopes Received	82
Cash	\$ 1,175.00
Checks	\$ 430.00
<b>Total</b>	<b>\$ 1,605.00</b>

### PARISH STAFF

#### PASTOR:

Father Eli St. Fort 561-585-5970

#### DEACON:

Deacon Kenneth "Ken" Vianale  
*kvianale@holyspiritlantana.com* 561-585-5970

#### PARISH ADMINISTRATOR/BOOKKEEPER:

Suzie Walsh  
*hscbookkeeper@holyspiritlantana.com* 561-585-5970

#### PARISH OFFICE:

Leonita Jempty 561-585-5970  
*office@holyspiritlantana.com*  
*bulletin@holyspiritlantana.com*

#### FAITH FORMATION:

Patrice Althouse 561-585-5970  
*religioused@holyspiritlantana.com*

#### YOUTH MINISTRY:

Tinah M. Mejia 561-585-5970

#### MUSIC & LITURGY MINISTRIES:

Sergey Skobin 561-585-5970  
*sskobin@holyspiritlantana.com*

#### MAINTENANCE:

Abe Betances, John Hoang & Maria Joya 561-585-5970

#### SACRISTANS:

Sr. Mary Therese Napolitan, OP 561-585-5970  
Tedy Charles  
Suzanne Falcone (Latin Mass) 908-627-2209

#### SUBMISSIONS FOR THE PARISH BULLETIN

Submissions for the parish bulletin can be sent to  
**[bulletin@holyspiritlantana.com](mailto:bulletin@holyspiritlantana.com)**.

The deadline for submissions is two weeks before publication.



## Mass Schedule

### Saturday, Feb. 8, 2024 - *St Jerome Emiliani & St. Josephine Bakhita*

9:00a.m. †Nicholas Russo by Eileen & Kevin Meyer  
 4:00p.m. †Gertude Wallace by her Family  
 †Brian Mair by Jackie & Lucille Fraser  
 †Margaret Reppucci by Holy Spirit Priests & Staff

### Sunday, February 9, 2025 - *Fifth Sunday In Ordinary Time*

7:30a.m. People of the Parish  
 9:00a.m. †Margaret Walton by Lonnie Keyloun  
 †Frank Natale – Birthday by his wife, Ann Marie  
 †Jean McCormick by Mary Wolney  
 10:30a.m. †Senen Garalde by her Family  
 †Nicholas Russo by Eileen & Kevin Meyer  
 †Wilson Locke by his Wife & Family  
 12:00N Thanksgiving by the Kosidlo Family  
 †Clara Fontana by the Liberti Family  
 †Jose Morejon by Ileana Gonzalez  
 2:00p.m. †Elizabeth Whyte by Greg & Kate Liermann  
 †Pamela Jean Chukley by Nancy & Robert Rogerwick  
 †Souls In Purgatory by the Charles Family

### Monday, Feb. 10, 2025 - *St. Scholastica*

7:30a.m. †Adolph Masson by Peter Masson  
 9:00a.m. †Frank Cicalese, Birthday by his son, Michael  
**Tuesday, Feb. 11, 2025 - *Our Lady of Lourdes; World Day of the Sick***

7:30a.m. †Souls In Purgatory by the Charles Family  
 9:00a.m. Ernesto Calica - Birthday by Fe Edjan

### Wednesday, Feb. 12, 2025

7:30a.m. †Oscar B. Peña, 4th Anniversary by Kathy  
 9:00a.m. †Anna Cicalese by her son, Michael

### Thursday, Feb. 13, 2025

7:30a.m. Nancy Rogerwick-Healing by her Husband  
 9:00a.m. †Souls In Purgatory by Marie Berreth

### Friday, Feb. 14, 2025 - *Sts Cyril & Methodius*

7:30a.m. †Joseph Flynn & Lenny Colasuanno by Aidan & Teresa Brady

9:00a.m. †Margaret Walton by Lonnie Keyloun

### Saturday, Feb. 15, 2024

9:00a.m. †Celia Cicalese by her husband, Michael

4:00p.m. Andrea Wilson - Birthday by her Family  
 †John Frontiero by his Wife & Family  
 †Janina Scigalski, 1st Ann. by her husband, Marek

### Sunday, February 16, 2025 - *Sixth Sunday In Ordinary Time*

7:30a.m. Ellen & John Marenilli - Special Intentions  
 †Donald F. LeFils by Tammy & Jeff Farr  
 †Anil Arthur by his Children  
 9:00a.m. People of the Parish  
 10:30a.m. †Hal Wooding by Joyce Wooding  
 †Nicholas Russo by Eileen & Kevin Meyer  
 †Barbara Littell by Diane Gaver  
 12:00N †Al & Alice Krolikowski by Jack & Jean Bisbee  
 †Betty DeWolf & Ken Benoit by Their Family  
 Palm Lake Condominium People b Jean Bazela  
 2:00p.m. †Souls In Purgatory by the Charles Family  
 †Margit (Marianna) Udvardi by Craig Paulitz



## Scripture Readings & Saints & Special Observances For the Week of February 9, 2025

### Sunday *Fifth Sunday in Ordinary Time*

Is 6:1-2a, 3-8; Ps 138:1-2, 2-3, 4-5, 7-8;  
 1 Cor 15:1-11 or 1 Cor 15:3-8, 11; Lk 5:1-11

### Monday *Memorial of Saint Scholastica, Virgin*

Gen 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c;  
 Mk 6:53-56

### Tuesday *Our Lady of Lourdes; World Day of the Sick*

Gen 1-20 – 2:4a; Ps 8:4-5, 6-7, 8-9; Mk 7:1-13

### Wednesday

Gen 2:4b-9; 15-17; Ps 104:1-2a, 27-28,  
 29bc-30; Mk 7:14-23

### Thursday

Gen 2:18-25; Ps 128: 1-2, 3, 4, 5; Mk 7:24-30

### Friday *Memorial of Saints Cyril, Monk, and Methodius, Bishop*

Gen 3:1-8; Ps 32:1-2, 5, 6, 7; Mk 7:31-37

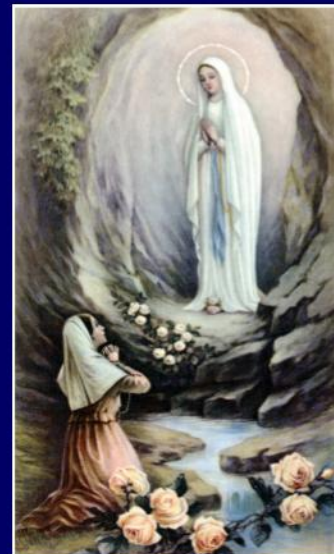
### Saturday

Gen 3:9-24; Ps 90:2, 3-4abc, 5-6, 12-13;  
 Mk 8:1-10

### Sunday *Sixth Sunday in Ordinary Time*

Jer 17:5-8; Ps 1:1-2, 3, 4 and 6; 1 Cor 15:12,  
 16-20; Lk 6:17, 20-26

## Our Lady of Lourdes



February 11

World Day of the Sick



Father in heaven, may the faith You have given us in Your Son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of Your Kingdom.

May Your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, Your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth.

To You our God, eternally blessed, be glory and praise for ever.  
Amen.

*Francisco*

## *Latin Mass Extraordinary Form*



### *Fifth Sunday After Epiphany*

February 9, 2025  
2:00 P.M.

For more information,  
Visit [www.pblatinmass.com](http://www.pblatinmass.com)

## *Adoration of the Blessed Sacrament*



Thursday  
9:45am-7:00pm  
Church

Happy  
Valentine's  
Day



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My Sisters and Brothers in Christ, Blessings to you in this new year! As we begin the calendar year of 2025, we also begin our annual *Diocesan Services Appeal*. It is my pleasure to share that this year's DSA theme is Romans 5:5, "Hope does not disappoint." This theme dovetails nicely with the 2025 Jubilee Year, also known as the Year of Hope. Announced by Pope Francis, the Jubilee Year is intended to be a time of hope for the world, as well as a time to re-establish relationships with God, others and creation. As a diocese, we continue to care for one another in faith, hope and love, while embracing this theme.

Your support of the DSA, through prayer and financial assistance, allows our offices and ministries to fulfill the diocese's mission and embrace the promise of hope we are given each day. Together, as 54 parishes and missions within five counties, we are joined together as one committed diocese.

By supporting the DSA, you will help make a definite difference in the lives of your neighbors, for which I would be deeply grateful. Your generosity will sustain our tradition of sharing and bringing hope to others. I prayerfully ask you again to consider a gift to this year's *Diocesan Services Appeal*. Your participation in the appeal is a vital part of our ability to provide services for our Diocese and for those in need. Please know that I am praying for God's blessings on you and your family and that you have a renewed sense of hope this year.

With every prayerful wish, I am  
Sincerely yours in Christ,

Most Reverend Gerald M. Barbaro  
Bishop of Palm Beach

## Ways to Give

Donation envelope mailed to your home • In-pew envelope  
Planned giving • Online at [DiocesePB.org/DSA](http://DiocesePB.org/DSA) • Employer gift matching

Gifts and pledges can be made using cash, check, credit card, debit card, direct debit/  
bank authorization, money order/cashier's check, stock/securities, endowments,  
individual retirement account, will/bequests, charitable gift annuity, life insurance

### My hope has been realized because...



"My son and I were homeless, living in our car, and desperately seeking help. Despite numerous calls to various shelters, we were repeatedly turned away until we finally reached out to the Samaritan Center, and they said they had a spot for us. When people contribute to the DSA, they're making investments in safe spaces, warm meals, and secure beds for children.

It's through that kindness and generosity that my son and I have found renewed hope and a glimpse of a brighter future."

- Bibi, a resident of the Catholic Charities Samaritan Center in Vero Beach

"I get to see first-hand as a DRE how lives are changed within our parish every day, thanks to the DSA. I have witnessed children of every age shine the light of Christ in initiatives like the Catechesis of the Good Shepherd and our new youth ministry. This would not be possible without the support and training I received through the diocese. With the support of the DSA, we have the tools to help our young people develop an unshakable faith foundation and grow in their relationships with the Lord."

- Bibi, Director of Religious Education at St. Clare Catholic Church



## Diocese of Palm Beach

9995 N. Military Trail | P.O. Box 109650  
Palm Beach Gardens, FL 33410-9650

(561) 775-9590 | [DiocesePB.org/DSA](http://DiocesePB.org/DSA)



Give Today!

2025  
**DIocese of Palm Beach**  
**DIocesan Services Appeal**

HOPE DOES NOT DISAPPOINT  
LA ESPERANZA NO DEFRAUDA  
LESPWA PA DESEVWA

ROMANS 5:5

# DSA GOAL \$137,000

## DSA-Supported Ministries



The *Diocesan Services Appeal* supports a wide range of essential religious, charitable and educational programs across the five counties of the Diocese of Palm Beach.



Scan the QR Code to watch the DSA Video

### VOCATIONS, DIACONATE FORMATION, CLERGY SUPPORT

Priestly formation; vocation outreach and events; permanent deacons; deacon formation; Office of the Bishop, Office of Canonical Services and Tribunal; Episcopal Delegate for Religious; Office of Liturgy

### CATHOLIC EDUCATION

Professional development for school administrators; in-service training for teachers; support for schools; educational programs; guidance for state and local funding sources; diocesan communications support; campus ministry and community service programs



### CATHOLIC CHARITIES

Anti-Human Trafficking Program/Bakhita Empowerment Program; Birthline/Lifeline Pregnancy Care Centers; Women's Pregnancy Solutions; Elder Affairs; Hunger, Homeless and Outreach; Immigration Legal Services; Interfaith Health and Wellness; Parish Social Ministry; Prison Ministry; Refugee Resettlement; Respect Life; Samaritan Center/Transitional Housing

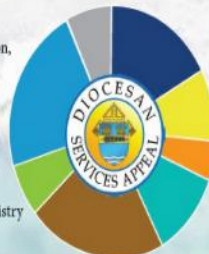


### MARRIAGE, FAMILY LIFE, FAITH FORMATION, & YOUTH MINISTRY

Bishop's Annual Anniversary Mass celebrations; Marriage Preparation; Marriage and Marriage Mentor initiatives; Natural Family Planning support; Family Ministry and parenting programs; monthly newsletter to support the domestic church and help families grow in their faith; professional development for parish Faith Formation and Youth Ministry leadership; parish catechist training and support; Order of Christian Initiation of Adults (OCIA); Theology of the Body initiatives for parishes and schools; Catholic scouting programs for youth; Catechesis of the Good Shepherd faith formation for children; Youth Ministry Mentor support and training; Young Adult Ministry support; parish consultations to develop and expand ministry efforts; Unbound Healing Prayer Ministry; annual women's retreat; Grief Recovery Ministry



- 22% Diocesan Support
- 22% Vocations, Diaconate Formation, Clergy Support
- 16% Catholic Charities
- 12% Cultural Ministries
- 10% Catholic Education
- 7% Development & Resources
- 7% Marriage, Family Life, Faith Formation, & Youth Ministry
- 4% Communications



### CULTURAL MINISTRIES

Hispanic programs; cultural centers; Haitian ministries and resources; Vietnamese Apostolate; Hispanic ministries and retreats; School of Christian Formation; and guidelines of our 2022-2030 Diocesan Pastoral Plan





## Join the Legion of Mary



Come to our weekly prayer meetings every **Tuesday immediately after the 9:00 a.m. Mass** in the east side of the parish hall.

## Faith Formation Department

**First Session: 6:00 p.m. to 7:00 p.m.**  
Levels 1 through 4, Levels P1 and P2

**Second Session: 7:15 p.m. to 8:15 p.m.**  
Levels 5 through 9 (Confirmation)

### IMPORTANT DATES

**First Communion for English Masses**  
**Saturday, May 10th**

**Latin First Communion**  
**Sunday, May 11th**

**Confirmation**  
**Sunday, June 8th**  
**with the Bishop**

## Holy Spirit Youth Ministry

would like to invite  
**8th to 12th Graders**  
to come join us for

Adoration, topic nights, games, and more.  
For more information and dates of meetings,  
please contact Tinah Mejia at  
561-329-7288  
youthministry@holyspiritlantana.com

## IMPORTANT ANNOUNCEMENT

**LOOK**

If you received an email or text from Father Eli soliciting of anything (gift cards, money or requesting a meeting) please disregard or delete the email or text. **This is a scam.** Father Eli will never send an email or text. Thank you.



## COUNCIL OF CATHOLIC WOMEN JEWELRY SALE

**SATURDAY AND SUNDAY**  
**FEBRUARY 8 & 9, 2025**  
**AFTER ALL MASSES**

**PROFITS HELP FUND CCW PROJECTS**

## BIBLE STUDY COMING SOON

Our parish Bible Study will resume on Friday, February 21st, at 10 am in the Chapel. The cost for the books is \$40. Books will be given out on the first day of class and they can make payment then, in cash or check payable to Holy Spirit Catholic Church. We'll be studying the **Book of Exodus**, the Hebrew Scripture that tells how Moses led the ancient Hebrews in flight from their slavery in Egypt. The theme of flight from slavery is repeated and transformed during Holy Week and Easter: Christ leads our own flight from slavery to sin and darkness to resurrection and light. We plan to meet on Friday mornings in the Chapel, from 10 – 11:30 a.m. The study will last 8 or 9 weeks. If you'd like to join us, please email me, Deacon Ken Vianale, at [kvianale@holyspiritlantana.com](mailto:kvianale@holyspiritlantana.com) or you can call the parish office and leave your contact information: 561-585-5970. Looking forward to studying with you!



## Jubilee 2025

### Jubilee Indulgence

The Jubilee Indulgence is a concrete manifestation of God's mercy, which goes beyond and transforms the boundaries of human justice. This treasury of grace entered human history in the witness of Jesus and the saints, and by living in communion with them our hope for our own forgiveness is strengthened and becomes a certainty. The Jubilee Indulgence allows us to free our hearts from the weight of sin because the reparation due for our sins is given freely and abundantly.

In practical terms, the experience of God's mercy involves some spiritual acts indicated by the Pope. Those who cannot make the Jubilee pilgrimage due to illness or other circumstances are nonetheless invited to take part in the spiritual movement that accompanies the Jubilee year, offering up the sufferings of their daily lives, and participating in the Eucharistic celebration.



**Pilgrimage to the Holy Doors\*; Participate in the Sacraments of Reconciliation and the Eucharist (usually within 7 days of pilgrimage); Pray for the Intentions of the Holy Father.**

### \*The Holy Door

The Vatican has reserved the status of "Holy Door" to the main doors of all Cathedrals and Basilicas around the world. In the past the diocesan bishop was able to designate additional churches in the diocese, **but only the Cathedral of Saint Ignatius Loyola will have the designation for Jubilee 2025.**

If you would like to make a pilgrimage to the holy door at the Cathedral of St. Ignatius Loyola, 9999 N. Military Trail in Palm Beach Gardens Please come during office hours Monday to Friday from 8:00am to 4:00pm or during their regular weekend Mass schedule. Individuals or groups hoping to visit outside of normal hours of operation are invited to contact Ashlie O'Brien, the cathedral's director of communications and liturgy, at 561-622-2565 or [aobrien@cathedralpb.com](mailto:aobrien@cathedralpb.com)





# Charismatic Prayer Group

## SURRENDER TO THE WILL OF GOD

*“When he had finished speaking, He said to Simon, ‘Put out into the deep water and let down your nets for a catch.’ Simon answered, ‘Master, we have worked all night long but have caught nothing. Yet if You say so, I will let down the nets.’ When they had done this, they caught so many fish that their nets were beginning to burst.” (Luke 5:5-7)*

Giving up after tireless efforts with no results is not unusual or unheard of. But when we surrender the situation to Jesus, hold steady in faith, or dive a little bit deeper into the trenches of our situation in faith, we start seeing the results. Just surrendering our thoughts and will to Jesus’ commands yields amazing blessings. Though Simon, being a master of his fishing trade, had worked hard throughout the night without any catch, obeyed Jesus in his lowest moments. The unbelievable results were visible to everyone.

A lot of times, in our situation, when there is a clash between our own thoughts and ideas, faith demands a complete surrender to the will of God. Rest assured that greater blessings will be in store for obedience. Today the scripture is calling us to an undoubting faith to His voice!

*“For My thoughts are not your thoughts, neither are your ways My ways, saith the Lord.” Isaiah 55:8-9*  
May the good Lord help us to listen to His voice and surrender our thoughts to His Will.

Join us for Mid-Week Soul Refresher on every Wednesdays at 7pm EST.

For in person gathering location details please e-mail us at [afcmflorida@gmail.com](mailto:afcmflorida@gmail.com).

To participate through Zoom 869 5740 7048

God Bless  
Shibi George  
AFCM Florida



### 2024 Tax Acknowledgement Letters for Registered Parishioners

Your tax deductible donations are recorded throughout the year, if they were placed in tithing envelopes. Please note that yearly tax acknowledgement letters will be available **upon request only**. Please allow sufficient time for your letter to arrive. If you would like to request a tax acknowledgement letter, please call the parish office at **561-585-5970** or e-mail [hscbookkeeper@holyspiritlantana.com](mailto:hscbookkeeper@holyspiritlantana.com).

### Treasures of the Island Sale

Saint Edward Church - 165 N. County Rd.  
Palm Beach, Florida 33480  
February 28 from 8 AM - 4 PM  
March 1st from 8 AM - 12 Noon



## 40 DAYS FOR LIFE

THE BEGINNING OF THE END OF  
ABORTION

SPRING 2025

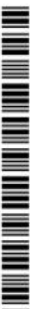
MARCH 5-APRIL 12 9:00AM-5:00PM  
PRAYER & FASTING, PEACEFUL &  
PRAYERFUL VIGILS, + COMMUNITY  
OUTREACH.

Join us in daily prayer (Mon-Sat.) across from  
the Presidential Women’s Center, 100 Northpoint  
Parkway. Please park in the Miracle House lot.

Bishop Barbarito will pray with us  
Thursday March 6, at 11:00 am

Prayer shifts available:  
9-11am, 11-1pm, 1-3pm, 3-5pm

For more information:  
[40daysforlife.com/westpalmbeach](http://40daysforlife.com/westpalmbeach)  
Text: (561) 410-4337  
Email: [palmbeach\\_40days@yahoo.com](mailto:palmbeach_40days@yahoo.com)







# From the Parish Nurse

Trish Weaver- Monahan, RN  
(561) 303-8450



## Would you know if you were having a heart attack?

February is American Heart Month, and the American Heart Association wants all adults to be informed of the warning signs and to be able to react quickly if they experience symptoms. Some heart attacks are sudden and intense, but most start slowly. That's why it's so important to know the early warning signs, and what to do if you experience them.

## Women can experience vague or silent symptoms that can easily be missed. Men often report classic symptoms that are unmistakable. Symptoms may include:

Women report pain in the chest that feels like squeezing (vice like) or fullness anywhere in the chest area not just the left side. Most men report pain beginning in the left arm and then escalating crushing chest pain that feels like heavy pressure as if an elephant was sitting on them.

Both men and women can experience shortness of breath. Heart attack sufferers can have trouble breathing without exertion. Women may not experience chest pain, but men usually experience chest pain along with difficulty breathing.

Women report pain in arm(s), back, neck or jaw. Pain can be gradual or sudden, and may wax and wane before becoming intense. If you're asleep, it may wake you up. You should report any "not typical or unexplained" symptoms in any part of your body above your waist to your health care provider.

**Nausea:** women often dismiss flu-like symptoms as something less serious.

**Stomach pain.** Women often mistake stomach pain that signals a heart attack with heartburn, the flu, or a stomach ulcer.

**Extreme fatigue:** a sense of unusual or extreme tiredness that can last for days or weeks can be a sign of heart disease. This symptom has been reported by both men and women.

**Fainting and lightheadedness:** can involve dizziness, extreme weakness or anxiety.

**Sweating:** in women, these unusual cold sweats can feel similar to hormonal hot flashes or night sweats.

Not everyone experiences classic symptoms with the same intensity. If you are unsure, don't ignore these signs. Seek medical help immediately.

## JOIN THE CROCHET /KNITTING GUILD

Come and join the ladies every **Wednesday at 12:00noon to 2:00 p.m. in the Angelus Room (main church)**. If you do not know to crochet or knit, the ladies will be more than happy to teach you. The ladies knit or crochet baby blankets as parish gift to babies who are baptized in our parish.



## DONATIONS NEEDED

The baby blanket that the ladies crochet is made from the Pound of Love brand. This is soft and ideal for a baby. Any donation of this particular yarn will be great appreciated. Please bring to the parish office.

**Choir Rehearsal**  
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### Sanctuary Candle Main Church

for the week of Feb. 9 – 15, 2025

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+Col. Edward A. Carrigo, Jr & Glo Val Carrigo

Offered by their Daughter, Jeanette Carrigo

### Altar Flowers & Candles

for the week of Feb. 9 – 15, 2025

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### SPONSOR A SANCTUARY LAMP



Our Sanctuary Lamp may be sponsored on a weekly basis. You may sponsor the Sanctuary Lamp in memory of a loved one, in thanksgiving, for a birthday or for any other occasion. Please visit or call the parish office to schedule your desired date. Cost is \$25 per week.

### SPONSOR THE ALTAR FLOWERS & CANDLES

The Altar Flowers and Candles can be sponsored on a weekly basis. This will be a great opportunity to offer special intentions such as: **Birthday, Thanksgiving, Death Anniversary or any other special occasions** for your special loved ones. Suggested Donation is \$100. Please visit the office to check available dates.



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The cemetery is located at 10941 Southern Blvd., Royal Palm Beach, FL, one mile West of US-441 and three miles west of the Florida Turnpike.



The celebration of a Christian's life brings hope and consolation to the living. As we plan for our eternal life, it is always good to remember those that we love. Having a Will is good stewardship.



When there is a Will there is a way to be an angel for your parish. Please remember Holy Spirit Catholic Church in your Will.

These gifts help us to build a solid foundation for the Catholic formation of future generations. We appreciate the thoughtfulness of parishioners who have left bequests to Holy Spirit Catholic Church.

You can have an everlasting influence on the lives of your parish family of Holy Spirit Catholic Church. There are various forms of bequests that can be made. Bequests may come in the form of a specific dollar amount, by adding Holy Spirit Parish to your account; securities, real estate, tangible property, and retirement account assets.

If a Will or Trust already exists, a codicil amendment can be easily added to your current will. Holy Spirit Catholic Church is a charitable non-profit institution; therefore all bequests are fully tax deductible for estate tax purposes.

For additional information, please contact the parish office at 561-585-5970 or e-mail [office@holyspiritlantana.com](mailto:office@holyspiritlantana.com) or complete the form below and drop it in the offertory basket or bring it to the parish office and someone will contact you. Thank you for your generosity!

**Yes, please contact me regarding planned giving!**

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