

# Holy Spirit Catholic Church

1000 W. Lantana Road, Lantana, Florida 33462

Phone: (561) 585-5970 Fax: (561) 585-8482 Website: holyspiritlantana.com

Office Hours: Monday - Friday: 8:00 a.m. to 4:00 p.m. Email: office@holyspiritlantana.com



*Third Sunday of Lent*

*March 3, 2024*

## Pastor

Rev. Eli St. Fort

## Weekend Assistance

Msgr. Gabriel Ghanoum

Rev. Paul Nguyen

Rev. John J. Mericantante

## Deacon

Deacon Kenneth "Ken" Vianale

## Staff

Leonita O. Jempty, *Receptionist*

Patrice Althouse, *Director of Faith Formation*

Suzie Walsh, *Parish Administrator/Bookkeeper*

Tinah M. Mejia, *Youth Ministry Director*

Sergey Skobin, *Director of Music & Liturgy Ministries*

Abe Betances & John Hoang, *Maintenance*

Maria Joya, *Housekeeping*

Sister Mary Therese Napolitan, OP, *Head Sacristan*

Tedy Charles, *Sacristan*

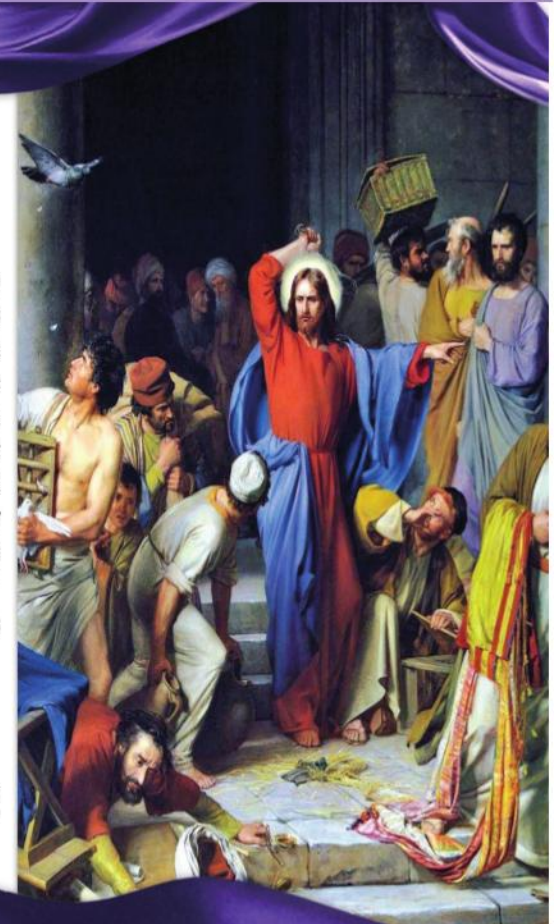
Suzanne Falcone, *Latin Mass Sacristan*

Trish Weaver-Monahan, RN, *Parish Nurse*

He made a whip  
out of cords  
and drove them  
all out of the  
temple area.  
"Take these out  
of here, and  
stop making my  
Father's house  
a marketplace."

*John 2:15,16*

Jesus Casting Out the Money  
Changers at the Temple  
by Carl Bloch, circa 1900s



## HOLY SPIRIT PARISH MISSION STATEMENT

We are called to embrace faith in the Son of God as Lord and Savior. In our Roman Catholic tradition, through the cleansing waters of Baptism, we die to self and rise as children of the Father.

Confirmed, empowered and guided by His Spirit, we become the church when we gather in His name, are taught with His living Word, and are nourished with His living presence.

So that, we might be sent to witness the Good News of the Paschal Mystery in loving service to the human family; and be united with Him and His Saints in Heaven forever.

## Masses

Monday - Friday

7:30 a.m., 9:00 a.m.

Saturday

9:00 a.m.

Saturday Vigil

4:00 p.m., 7:00 p.m. Polish Mass

Sunday

7:30, 9:00, 10:30 a.m. and Noon

2:00 p.m. Latin Mass

4:30 p.m. Vietnamese Mass

## Confessions in Church

Saturday 2:30 p.m.

## Members of the Parish Council

Dr. Thomas Ermolovich, *Chairman*, Nancy Jutba, *Secretary*, Ruth Ann McVeigh, James Kintz, William Bond, Julie Vianale and Lazara Hurd

# PARISH MINISTRIES

ANNULMENTS	561-585-5970
Dr. Thomas & Elaine Ermolovich	<a href="mailto:annulments@holyspiritlantana.com">annulments@holyspiritlantana.com</a>
BAPTISMS	561-585-5970
Patrice Althouse	<a href="mailto:religioused@holyspiritlantana.com">religioused@holyspiritlantana.com</a>
CATECHESIS OF THE GOOD SHEPHERD	
Carmen West	<a href="mailto:cjwest112gs@gmail.com">cjwest112gs@gmail.com</a>
COUNCIL OF CATHOLIC WOMEN	561-642-0513
Karen Zaremba	<a href="mailto:KZarem@aol.com">KZarem@aol.com</a>
COUPLES FOR CHRIST	561-358-5262
Sam & Nancy Jutba	<a href="mailto:ndjflorida@gmail.com">ndjflorida@gmail.com</a>
CROCHET/KNITTING GUILD	
Jean Garner	561-585-5970
DIRECTOR OF LITURGY & MUSIC	
Sergey Skobin	<a href="mailto:sskobin@holyspiritlantana.com">sskobin@holyspiritlantana.com</a>
DIVINE WILL PRAYER GROUP	561-585-5970
EVENTS/PARISH CALENDAR	561-585-5970
Parish Office	<a href="mailto:office@holyspiritlantana.com">office@holyspiritlantana.com</a>
FUNERAL ARRANGEMENTS	561-585-5970
Parish Office	
GIFT SHOP	561-585-5970
Marie Cantone and Peggy Giglio	
GREETING MINISTRY	561-585-5970
Parish Office	
HOLY LEAGUE MEN'S MINISTRY	
Brian Burnett	<a href="mailto:HolySpiritMen@proton.me">HolySpiritMen@proton.me</a>
KNIGHTS OF COLUMBUS	561-221-7334
Paul Turner	<a href="mailto:turnerpaul24@gmail.com">turnerpaul24@gmail.com</a>
LECTORS	417-725-5555
Pat McCaffrey	<a href="mailto:hpatrickmccaffrey@gmail.com">hpatrickmccaffrey@gmail.com</a>
LEGION OF MARY	561-585-5970
Mariana Dutchram	
MARRIAGE PREPARATIONS	561-585-5970
Parish Office	<a href="mailto:office@holyspiritlantana.com">office@holyspiritlantana.com</a>
MASTER OF CEREMONY OF THE TRADITIONAL LATIN MASS	
Fernando Badillo	561-585-5970
MINISTERS OF HOLY COMMUNION/OUTREACH	
Sister Mary Therese Napolitan, OP	561-585-5970
MINISTRY OF HOSPITALITY/USHERS	
Parish Office	561-585-5970
MEDIA & MUSIC MINISTRY	561-585-5970
Manny Zaide	
MUSIC MINISTRY CHILDREN	
Christina Zaide	
PARISH NURSE MINISTRY	561-303-8450
Trish Weaver-Monahan, RN	<a href="mailto:trishfein@bellsouth.net">trishfein@bellsouth.net</a>
R.C.I.A.	561-585-5970
Wayne and Lazara Hurd	828-783-8701
RELIGIOUS EDUCATION/P.R.E.P.	561-585-5970
Patrice Althouse	<a href="mailto:religioused@holyspiritlantana.com">religioused@holyspiritlantana.com</a>
RESPECT LIFE MINISTRY	561-631-7491
Carlota Goldstein	<a href="mailto:cwfggold@gmail.com">cwfggold@gmail.com</a>
SANDWICH MINISTRY	561-585-5970
Leonita Jempty, Vinny & Peggy Giglio	<a href="mailto:office@holyspiritlantana.com">office@holyspiritlantana.com</a>
ST. VINCENT DE PAUL	561-585-0012
David Ramirez	
VOCATION CHALICE MINISTRY	561-585-5970
Leonita Jempty	<a href="mailto:office@holyspiritlantana.com">office@holyspiritlantana.com</a>
YOUTH & YOUNG ADULT MINISTRY	561-329-7288
Tinah M. Mejia	<a href="mailto:youthministry@holyspiritlantana.com">youthministry@holyspiritlantana.com</a>

## Stewardship of Treasure

### PARISH COLLECTIONS

#### Weekly Offering - Sunday, February 25, 2024

Envelopes Received	188
Cash	\$ 5,607.00
Coins	\$ 2.31
Check	\$ 5,518.00
<b>Total</b>	<b>\$11,127.31</b>

#### Second Collection - Parish St. Vincent de Paul

Envelopes Received	100
Cash	\$ 1,322.00
Coins	\$
Check	\$ 925.00
<b>Total</b>	<b>\$ 2,247.00</b>

### PARISH STAFF

#### PASTOR:

Father Eli St. Fort 561-585-5970

#### DEACON:

Deacon Kenneth "Ken" Vianale  
[kvianale@holyspiritlantana.com](mailto:kvianale@holyspiritlantana.com) 561-585-5970

#### PARISH ADMINISTRATOR/BOOKKEEPER:

Suzie Walsh  
[hscbookkeeper@holyspiritlantana.com](mailto:hscbookkeeper@holyspiritlantana.com) 561-585-5970

#### PARISH OFFICE:

Leonita Jempty 561-585-5970  
[office@holyspiritlantana.com](mailto:office@holyspiritlantana.com)  
[bulletin@holyspiritlantana.com](mailto:bulletin@holyspiritlantana.com)

#### FAITH FORMATION:

Patrice Althouse 561-585-5970  
[religioused@holyspiritlantana.com](mailto:religioused@holyspiritlantana.com)

#### YOUTH AND YOUNG ADULT MINISTRY:

Tinah M. Mejia 561-585-5970

#### MUSIC & LITURGY MINISTRIES:

Sergey Skobin 561-585-5970  
[sskobin@holyspiritlantana.com](mailto:sskobin@holyspiritlantana.com)

#### MAINTENANCE:

Abe Betances, John Hoang & Maria Joya 561-585-5970

#### SACRISTANS:

Sr. Mary Therese Napolitan, OP 561-585-5970  
 Tedy Charles  
 Suzanne Falcone (Latin Mass) 908-627-2209

#### SUBMISSIONS FOR THE PARISH BULLETIN

Submissions for the parish bulletin can be sent to  
**[bulletin@holyspiritlantana.com](mailto:bulletin@holyspiritlantana.com)**.  
 The deadline for submissions is two weeks before publication.



## Mass Schedule

### Saturday, Mar. 2, 2024

9:00a.m. Lina Quiros - Birthday by the Ceballo Family

4:00p.m. †John Papa by Marguerite Vitiello  
†Mary Horvath by Jackie & Lucille Fraser  
†George Anthony Levy by Jackie & Lucille Fraser  
Mercedes Camacho - Intentions by Vincent & Deisy

### Sunday, Mar. 3, 2024 – *THIRD SUNDAY OF LENT*

7:30a.m. †Souls In Purgatory by the Charles Family  
†Leonilde Pacheco by Erica Mora  
†John Karimian by Mr.&Mrs. Gerard Alianarian  
9:00a.m. Fr. Ding Zamora - Birthday by Fe Edjan  
†Richard Saleeby by Janet Willgerodt  
†Jean Marie McCann by Maureen Sheppard  
10:30a.m. People of the Parish  
12:00N †Souls In Purgatory by Nancy Bramante  
†Elizabeth St. Hill Sheppard by Eileen Sheppard  
2:00p.m. Frank Fino & Family Intentions by Thahira Tyrell  
†Frances Del Spina by her husband, Anthony  
†Elizabeth Whyte by Greg & Kate Liernann

### Monday, Mar. 4, 2024 - *St. Casimir*

7:30a.m. †Souls In Purgatory by the Ceballo Family  
9:00a.m. Vittorio Busillo - Birthday by his Auntie, Ann Marie

### Tuesday, Mar. 5, 2024

7:30a.m. †Louis Masson by Peter Masson  
9:00a.m. †Adoracion Gutierrez by her husband, Manuel

### Wednesday, Mar. 6, 2024

7:30 a.m. †Souls In Purgatory by the Charles Family  
9:00 a.m. †Guiseppe Silverno Galano by his wife, Mary

### Thursday, Mar. 7, 2024 - *Sts. Perpetua & Felicity*

7:30a.m. †Jan Zaleski by the Zaleski Family  
9:00a.m. †Souls In Purgatory by Marie Berrett

### Friday, Mar. 8, 2024 - *St. John of God*

7:30 a.m. †Sr. Clare Ellen Wittman, OSC  
by the Poor Clare Nuns  
Blanca Peña - Birthday

9:00 a.m. Blanca Peña - Birthday by the Ceballo Family

### Saturday, Mar. 9, 2024 - *St. Frances of Rome*

9:00a.m. William Ceballo - Intentions by his wife, Gladys  
4:00p.m. †Francis Drachowski, Jr. by Jackie & Lucille Fraser  
Estelle Siefert - Birthday by the McCaffrey Family  
†Vincent Cositore by his Wife  
Panarella Family by Vincent & Deisy Panarella

### Sunday, Mar. 10, 2024 – *FOURTH SUNDAY OF LENT*

7:30a.m. †Erika Mora by Blanca  
†Souls In Purgatory by Maria Hernandez  
†Sara Fazio by her daughters, Margaret & Virginia  
9:00a.m. †Margaret Rorick by Alice Manning  
†Norma Harrington by Maureen Sheppard  
†Socorro Mejia by Liliana Mejia  
Anne Wetzel - Healing by Jeanne Zanettin  
10:30a.m. †Raymond Lovell by his Wife  
Vivian & Clemente - Intentions by their Mom  
Patrick's Healing by Yardley Manfuso  
12:00N People of the Parish  
2:00p.m. †Frank Cicalese by his son, Michael  
†Anna Cicalese by her son, Michael  
†Celia Cicalese by her husband, Michael



## Scripture Readings & Saints & Special Observances For the Week of March 3, 2024

### Sunday

#### *Third Sunday of Lent*

Ex 20:1-17 or Ex 20:1-3, 7-8, 12-17;  
Ps 19:8, 9, 10, 11; 1 Cor 1:22-25;  
Jn 2:13-25

### Monday

2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4;  
Lk 4:24-30

### Tuesday

Dn 3:25, 34-43; Ps 25:4-5ab, 6 and 7bc,  
8-9; Mt 18:21-35

### Wednesday

Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;  
Mt 5:17-19

### Thursday

Jer 7:23-28; Ps 95:1-2, 6-7, 8-9;  
Lk 11:14-23

### Friday

Hos 14:2-10; Ps 81:6c-8a, 8bc-9, 10-11ab,  
14 and 17; Mk 12:28-34

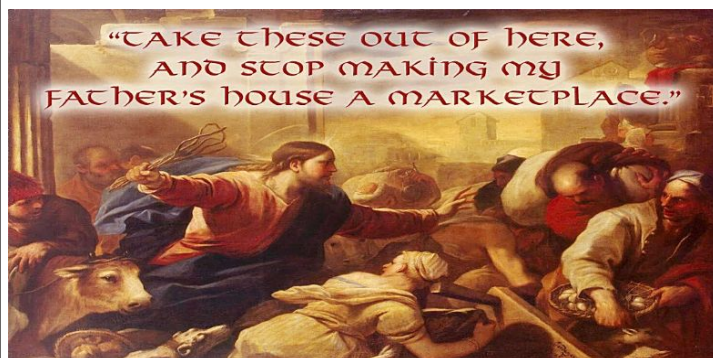
### Saturday

Hos 6:1-6; Ps 51:3-4, 18-19, 20-21ab;  
Lk 18:9-14

### Sunday

#### *Fourth Sunday of Lent*

2 Chr 36:14-16, 19-23; Ps 137:1-2, 3, 4-5,  
6; Eph 2:4-10; Jn 3:14-21



## What is the Church's official position concerning penance and abstinence from meat during Lent?



In 1966 Pope Paul VI reorganized the Church's practice of public penance in his "Apostolic Constitution on Penance" (*Poenitemini*). The 1983 revision of the Code of Canon Law incorporated the changes made by Pope Paul. Not long after that, the U.S. bishops applied the canonical requirements to the practice of public penance in our country.

**To sum up those requirements, Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.**

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal.

Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.

# STATIONS OF THE CROSS



Every Friday  
during the Lenten Season  
6:00 p.m.

*Spring  
Forward*

Sunday, March 10th



A REMINDER TO FORWARD YOUR  
CLOCKS ONE HOUR AHEAD BEFORE  
YOU GO TO BED ON  
SATURDAY, MARCH 9th.

## PENANCE SERVICE

With individual Confession

**Tuesday, March 12**

**6:00pm**

**Church**

Be merciful,  
O Lord,  
for we have  
**sinned.**

## *Latin Mass Extraordinary Form*



## *Third Sunday of Lent*

March 3, 2024

2:00 P.M.

For more information,  
Visit [www.pblatinmass.com](http://www.pblatinmass.com)

## *Adoration of the Blessed Sacrament*



**THURSDAY**

**9:30a.m. - 7:00p.m.**

**Church**

## **Bible Class BOOK OF GENESIS**

**Hosted by Deacon Ken**

**Friday**

**10:00am-11:30am**

**Chapel**



## Our Parish Litany to the Holy Spirit

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Father all-powerful, recreate  
us in your image.  
Jesus, Eternal Son of the  
Father, Redeemer of the  
world, save us.  
Holy Spirit of the love of the  
Father and the Son,  
sanctify us.  
Holy Trinity, one God,  
have mercy on us.  
Holy Spirit, Who proceeds  
from the Father and the Son,  
enter our hearts.  
Holy Spirit, Who is equal to  
the Father and the Son,  
enter our hearts.  
Promise of God the Father,  
have mercy on us,  
Ray of heavenly light, ...  
**have mercy on us,**  
Author of all good,  
Consuming fire and fortitude,  
Spiritual Anointing,  
Giver of Love and Truth,  
Spirit of Modesty and  
Innocence,  
Holy Spirit, Comforter,  
Holy Spirit, Sanctifier,  
Holy Spirit, Who governs the  
Church,  
Gift of God, the Most High,  
Spirit of Wisdom,  
Spirit of Understanding,  
Spirit of Counsel,  
Spirit of Piety,  
Spirit of Fear of the Lord,  
Spirit of Courage,  
Ardent of Charity,  
Inspiration for Joy,  
Gift of Peace,  
Bestowal of Patience,  
Wellspring of Kindness,  
Outpouring of Goodness,  
Stamina in Long Suffering,  
Breath of Mildness,  
Gift of Faith,  
Attire of Modesty,  
Foundation of Continency,  
Faithfulness in Chastity.  
Let us pray.  
O Divine Spirit enlighten,  
in flame and purify us, as You  
did the Blessed Virgin Mary  
at the Annunciation, as You  
change the hearts of the  
Apostles at Pentecost, and  
endowed the Martyrs through  
the ages with miraculous  
courage.  
Enlighten our minds,  
strengthen our will, purify our  
consciences, rectify our  
judgement, set our hearts on  
fire, and preserve us from the  
misfortunes of resisting  
Your inspiration.  
Amen.



# Holy Spirit Parish Celebrates 60 Years

**March 3, 1964**

**The Archbishop of Miami, Most Reverend Coleman F. Carroll  
created Holy Spirit Parish.**

**Our parish is planning a reception for this milestone occasion in the Fall.  
Please watch the bulletin for details.**



Participants and Volunteers are Needed!

Would you like to be part of the Live Stations of the Cross Experience? Then sign up. Help spread the word to others who can donate their talents and or time offering helping hands.

We need carpenters, graphic designers, men with beards, helping hands, women, kids to play as angels and more. Rehearsals to be announced.

Stop at the office to register or text at 561-351-0272

## The Sacred Triduum of Holy Week



(Only one Mass appropriate)  
**7:00pm - Evening Mass of the Lord's Supper.** *Liturgy of the Word, Washing of the Feet and Liturgy of the Eucharist, Transfer of the Most Blessed Sacrament and The Nightwatch (Adoration)*  
**9:30pm - Vietnamese Mass of the Lord's Supper**



(Day of Fast and Abstinence and no Mass permitted. Special Collection for Shrines of the Holy Land).

**12:00 noon - Latin Passion**  
**3:00pm - Celebration of the Lord's Passion:** *(Liturgy of the Word, Proclamation of the Passion, Special Intercessions, and Holy Communion.*  
**6:00pm-Live Stations of the Cross**



(Mass before dawn not permitted)  
**9:00am - Polish Blessing of Easter Food (Church)**  
**7:00pm - Easter Vigil Mass**  
*Service of Light with Easter Proclamation, Liturgy of the Word, Homily, Baptismal Liturgy, Liturgy of Eucharist, Confirmation*  
**9:30pm-Vietnamese Easter Vigil Mass**

## Easter Sunday

**March 31 Mass Schedule**

7:30am	9:00am
10:30am	12:00noon
2:00pm-Latin Mass (Extra Ordinary Form)	
4:30pm-Vietnamese Easter Mass	
7:00pm - Polish Easter Mass	



*My King* I WILL PRAISE YOUR NAME FOREVER

**Save the Date!**  
**Monday, March 18th - 3pm**

Please join us for the taping of the Diocese of Palm Beach's televised *Easter Mass* at the Cathedral of St. Ignatius (please arrive by 2:45 p.m.)

Most Reverend Gerald M. Barbarito, Bishop of Palm Beach will be the celebrant of this Mass which will air on Easter morning from 10:30a.m. - 11:30a.m.

Comcast: CW34 on Channels 4 & 435 HD  
 AT&T/U-Verse: CW34 on Channels 4 & 1004 HD  
 Direct TV & DISH Network: CW34 on Channel 4  
 Hometown Cable Plus: CW34 on Channels 4 & 304  
 Digital Antennas: CW34 on the Over-Air-Channel 34.1

**CHRISM MASS - Tuesday, March 26, 2024 at 11:00am Cathedral of St. Ignatius Loyola, 9999 N. Military Trail, Palm Beach Gardens, FL 33410**



## HOLY SPIRIT CATHOLIC CHURCH

Statement of Financial Position July 1, 2023, to September 30, 2023

### INCOME

OFFERTORY	\$ 146,480.74
DONATIONS AND BEQUESTS	\$ 13,785.60
VOTIVE CANDLES, FLOWERS GIFT SHOP	\$ 3,561.99
RELIGIOUS ED AND YOUTH MINISTRY	\$ 6,453.00
HALL RENTAL, PARISH EVENTS	\$ 9,180.00
FALL/SPRING FESTIVAL	4 0.00
NON-PARISH INCOME	\$ 13,343.62
OTHER INCOME	<u>\$ 11,958.74</u>
<b>TOTAL REVENUE</b>	<b><u>\$ 204,763.69</u></b>

### EXPENSES

CAPITAL EXPENSE, MAINT, UTILITES	\$ 91,154.86
DONATIONS, DIOCESAN, DSA, CHARITY	\$ 12,203.20
SALARIES, BENEFITS, INSURANCE	\$ 133,859.27
CHURCH, LITURGICAL, RELIGIOUS ED	\$ 6,599.75
RECTORY EXPENSES	\$ 2,761.42
FALL/SPRING FESTIVAL	<u>\$ 0.00</u>
<b>TOTAL EXPENSES</b>	<b><u>\$ 246,578.50</u></b>
<b>NET REVENUE/LOSS</b>	<b>\$ (41,814.81)</b>

# Blessing of the Stations of the Cross on our Parish Grounds



### FRIDAY, FEBRUARY 23

Father Eli together with Deacon Ken blessed the 14 Stations of the Cross on our parish grounds. We are truly blessed to have these stations to be able to continue our beautiful Catholic devotion in praying the Passion of our Lord, Jesus Christ.

Our sincere appreciation to the anonymous donor who made this possible and to the Poor Clare Nuns for providing the beautiful pictures.





# Charismatic Prayer Group

## ARE WE PREPARING FOR THIS REWARD?

*"Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven." (Matthew 6:1)*

Where do our hearts truly belong? Are our hearts craving attention from those around us? Whom are we trying to impress? A noticeable common trend is that we do a lot of things to create an impression in the social arena. In the long term, these acts leave an absolute emptiness within us. The attention and appreciation that we acquire is temporary. We should strive to attain permanent joy in our hearts - a joy that only God can give. The greater the union with God, the greater the joy in our hearts. Every stain of sin needs to be washed away. Every vice needs to be changed to a virtue. Every grain of stubbornness needs to be changed to meekness. Our hearts must imitate His likeness.

As Jesus reminded the Pharisees, outward piety and change is not what yields results. An inner change in our hearts will be rewarded. A true change in our hearts that reflect the light of Christ will be rewarded by our Father in heaven. Are we preparing for this reward?

"Circumcise yourselves to the Lord, remove the foreskin of your hearts, O people of Judah and inhabitants of Jerusalem, or else my wrath will go forth like fire, and burn with no one to quench it, because of the evil of your doings." Jeremiah 4:4 As the prophet says, we all need a true circumcision in our hearts. Stain of evil destroys the purity of our precious souls.

During this Lenten season, God, through our Holy Catholic Church, is calling us to change our hearts. We must rend our hearts in true repentance for all the wrongs that we have committed and the right things that we have not done. Let us spend time with the Lord and learn from Him through the Scriptures. Let us truly desire a change in our hearts through contrition and seek hearts that are in union with the Lord and His will. Let us walk and strive to regain the purity of our souls.

**Please join us for Weekly Catholic prayer gathering through**

**Zoom every Wednesday at 7pm. Meeting ID: 869 5740 7048. For those who want to join by Phone please dial 929 436 2866 followed by meeting ID 869 5740 7048# Feel free to send all prayer requests or intentions to [afcmflorida@gmail.com](mailto:afcmflorida@gmail.com)**  
**God Bless, AFCM Florida**

## Religious Education Program

We will be accepting **Easter basket donations** for the Easter baskets for the children of our parish during the bake sale. Any donations can also be dropped off at the office during the hours of 8:00 a.m. to 4:00 p.m. Monday through Friday, or at the gift shop before and after Masses on the weekends. Items we will be collecting will include:

**Baskets – Easter grass – Eggs – Basket wrap sheets – Candy – Toys**

Should you have any questions, please do not hesitate to contact Patrice at (561) 585-5970. We look forward to seeing everyone there, and as always, thank you for your generous support.



## Third Sunday of Lent

As we are now well into Lent, we can take a look at what it means to turn away from sin and be faithful to the Gospel. A good place to start would be the Ten Commandments. The reading from Exodus presents us with one of the first listings of the Commandments. In this passage, God explains some of the laws to show how serious they are. For the first one, God includes making images to be used for worship. Now you might jump to the conclusion that all the statues and crucifixes in our churches must be destroyed. Not so.

In the days of Moses, people of other cultures made images of their gods and declared that the image was the god, and so should be worshipped. The Lord wanted His people to remember that God cannot be limited to an image or idea. That is still true today. Our images and statues are meant to help us pray to God, not to that work of art. In that sense, they are no worse than using a beautiful sunset or mountain scene to help you pray.

On the other hand, some people give a superstitious meaning to religious articles. Burying a statue to help sell your house could be one example. If you want to ask for a favor from God, just ask Him. God is much more likely to listen to a sincere prayer than a superstitious action.

The reason God gives for the first commandment is that He is a passionate God, who has chosen the Israelites to be His people.

When He punishes sin, He allows the effect of our bad choices to hurt us and those around us. But when we repent and change our ways, His love is everlasting.

God also emphasizes some commands by duplicating them. He tells us not to steal from others, and also not to plan to steal from our neighbor. The same with adultery: Planning it is just as bad as doing it. Taking his name in vain originally meant perjuring yourself after taking an oath to tell the truth. That is similar to the eighth commandment about false witness.

Jesus simplified all these commands when He reminds us to love God with all your heart and love your neighbor as yourself. Let us remember that as we turn away from sin to serving God better during Lent.

*Tom Schmidt*





# From the Parish Nurse

Trish Weaver- Monahan, RN  
(561) 303-8450



## Diabetes and Neuropathy

People with diabetes can develop many different associated problems. Even ordinary problems can get worse and lead to serious complications, such as damage to the eyes, heart, blood vessels, nervous system, teeth and gums, feet and skin, or kidneys. Studies show that keeping blood glucose, blood pressure and low-density lipoprotein cholesterol levels close to normal can help prevent or delay these problems.

Foot problems most often happen when there is nerve damage, also called neuropathy disease of the nervous system. About half of all people with diabetes have some form of nerve damage. It is more common in those who have had the disease for a number of years and can lead to many kinds of problems. The three major forms of neuropathy in people with diabetes are peripheral neuropathy, autonomic neuropathy, and mono-neuropathy. The most common form is peripheral neuropathy, which affects mainly the legs and feet. Neuropathy can cause tingling, pain (burning or stinging), or weakness in the foot. Although it can hurt, diabetic nerve damage can also lessen your ability to feel pain, heat, and cold. Loss of feeling often means you may not feel a foot injury. You could have a tack or stone in your shoe and walk on it all day without knowing. You might not notice a foot injury until the skin breaks down and becomes infected.

Poor blood flow and nerve damage can also lead to changes in the shape of your feet and toes. Ask your health care provider about special prescription therapeutic shoes that are covered by Medicare and other insurance rather than forcing deformed feet and toes into regular shoes. Always follow your health care provider's advice when caring for ulcers or other foot problems.

One of the biggest threats to your legs and feet is caused by smoking. Smoking affects small blood vessels and along with diabetes increases your risk for nerve damage. Many of the patients with diabetes who need amputations are or have been smokers.

For more information, go to the American Diabetes Association at [www.diabetes.org](http://www.diabetes.org).

## EASTER FLOWER ENVELOPES



On Easter Sunday and throughout the Easter Season, our altar will be decorated with beautiful Spring flowers. If you would like to help defray the cost of the flowers, please pick up an envelope found in the church pews. Any amount will be greatly appreciated.

### MARCH MEETING COUNCIL OF CATHOLIC WOMEN New Members Welcome

Saturday, March 9, 2024  
10 a.m. All Saints Hall

Optional: Bring canned goods for  
St. Vincent de Paul food pantry



**LOOK**

### IMPORTANT ANNOUNCEMENT

Our parish mailing address is the same as our address, 1000 W. Lantana Road, Lantana, FL 33462. The P.O. Box is CLOSED.



## Sanctuary Candle Main Church

for the week of March 3 – 9, 2024

People of the Parish

## Altar Flowers & Candles

for the week of. Mar. 3 – 9, 2024

**NO FLOWERS DURING  
THE LENTEN SEASON**

# PARISH GIFT SHOP



**Special gifts for:  
Baptism, Birthdays &  
other special occasions**

**We are open before and after all the  
Masses, Saturday 4pm & Sunday.  
Visit us!**

# OUR LADY QUEEN OF PEACE CEMETERY

The **ONLY** Catholic Cemetery in the Diocese of Palm Beach. For more information, call 561-793-0711, or visit [www.ourqueen.org](http://www.ourqueen.org).

The cemetery is located at 10941 Southern Blvd., Royal Palm Beach, FL, one mile West of US-441 and three miles west of the Florida Turnpike.



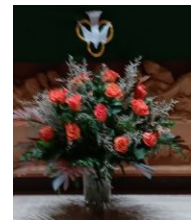
## SPONSOR A SANCTUARY LAMP



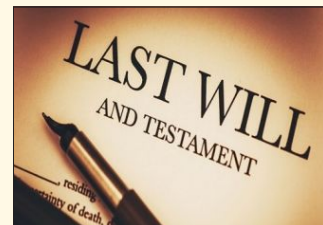
Our Sanctuary Lamp may be sponsored on a weekly basis. You may sponsor the Sanctuary Lamp in memory of a loved one, in thanksgiving, for a birthday or for any other occasion. Please visit or call the parish office to schedule your desired date. **Cost is \$25 per week.**

## SPONSOR THE ALTAR FLOWERS & CANDLES

The Altar Flowers and Candles can be sponsored on a weekly basis. This will be a great opportunity to offer special intentions such as: ***Birthday, Thanksgiving, Death Anniversary or any other special occasions*** for your special loved ones. Suggested Donation is \$100. Please visit the office to check available dates.



The celebration of a Christian's life brings hope and consolation to the living. As we plan for our eternal life, it is always good to remember those that we love. Having a Will is good stewardship.



When there is a Will there is a way to be an angel for your parish. Please remember Holy Spirit Catholic Church in your Will.

These gifts help us to build a solid foundation for the Catholic formation of future generations. We appreciate the thoughtfulness of parishioners who have left bequests to Holy Spirit Catholic Church.

You can have an everlasting influence on the lives of your parish family of Holy Spirit Catholic Church. There are various forms of bequests that can be made. Bequests may come in the form of a specific dollar amount, by adding Holy Spirit Parish to your account; securities, real estate, tangible property, and retirement account assets.

If a Will or Trust already exists, a codicil amendment can be easily added to your current will. Holy Spirit Catholic Church is a charitable non-profit institution; therefore all bequests are fully tax deductible for estate tax purposes.

For additional information, please contact the parish office at 561-585-5970 or e-mail [office@holyspiritlantana.com](mailto:office@holyspiritlantana.com) or complete the form below and drop it in the offertory basket or bring it to the parish office and someone will contact you. Thank you for your generosity!

**Yes, please contact me regarding planned giving!**

Name \_\_\_\_\_

Telephone number \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_







**Thomas B. Nguyen MD**  
Internal Medicine/ Nephrology

**P: 561-364-7800**

**2309 W Woolbright Rd, Suite 1,  
Boynton Beach, FL**

**Medicare educational events  
starting soon. Call for more info**

**Facebook: Nguyen Medical Group  
Website: [www.Nguyenmed.com](http://www.Nguyenmed.com)**



**JUDGMENT-FREE & PERSONALIZED  
DENTISTRY FOR THE WHOLE FAMILY!**

**Call today (561) 965-3933**  
*Hablamos Español*

Most Dental Insurances  
Accepted & Discounts  
Offered For Non-Insured  
Patients.

6169 S. Jog Road, Suite B2 • Lake Worth  
Mon - Fri 9am - 5pm  
Saturdays by Appointment

Ask about our Membership  
Discount Plan!

[PrestigeDentalCareFL.com](https://www.PrestigeDentalCareFL.com)

Preventative • Cosmetic • Implants • Crowns • Bridges • Extractions • Root Canal Therapy • Gum Treatment  
• Custom-Made Night Guards • Teeth Whitening • In-House Dental Lab • *invisalign*



**Dr. Zinnia Sotolongo  
Dr. Pablo Prado**

**New Patient Special**

**\$90**

Exam, X-Rays & Cleaning  
(D0150, D0210, D1110)  
New Patients Only with coupon. Not valid with  
any other offer, reduced fee plan or insurance plan.

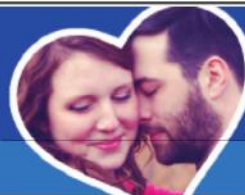
**ISLAND**  
Air Conditioning

**Quality Work  
by Quality People**

135 S. Congress Ave., Delray Beach  
Lic. #CAC1815170 **561-278-3488**

**catholicmatch®**  
Florida

[CatholicMatch.com/goFL](http://CatholicMatch.com/goFL)



**LAKE WORTH'S  
ONE & ONLY  
RAW BAR**

**DAVE'S**  
LAST RESORT & RAW BAR  
EST. 1999

**HOURS**  
Sun-Thur 11AM-12AM  
Fri & Sat 11AM-2AM

**588-5208** | 632 Lake Avenue,  
Lake Worth FL 33460

**HAPPY HOUR - 7 DAYS A WEEK 2-7 PM**



**Get this bulletin  
emailed to you  
every week.**

**Simply go to  
[www.DM.CHURCH/4434](http://www.DM.CHURCH/4434)**

**...or scan →**



**✂ DISCOVERMASS**

## The Catholic Cemetery in the Palm Beaches

**OUR LADY QUEEN OF PEACE CEMETERY**



- Estate Mausoleums
- Gravesites
- Monuments

- Crypts
- Niches
- Urns



The Catholic Cemetery  
of the  
Diocese of Palm Beach

**561-793-0711 • [OURQUEEN.ORG](http://OURQUEEN.ORG)**



**Consider  
Remembering  
Your Parish in  
Your Will**

*For further information,  
please call the parish office.*

*The Businesses listed above make this bulletin possible.*

**Please support them when you can.**

**Sign up to get our bulletin in your email each week. Go to [DiscoverMass.com/subscribe](http://DiscoverMass.com/subscribe)**



**SUFFERING FROM PAIN?****Benjamin Westerhaus, MD**

Interventional Spine &amp; Pain Management

To schedule an appointment, please call  
**561.844.5255***Paley*ORTHOPEDIC & SPINE INSTITUTE  
at St. Mary's Medical Center

901 45th Street, Kimmel Building • West Palm Beach, FL 33407

**Are you or a family member in need of care?  
Did you or your spouse serve our country?**If so, you could qualify for **Companion Care** up to 20 hours a week.

Florida License #299995574

**Holy Spirit Parishioner Family - 4 Generations** | 301 E. Ocean Avenue, Suite #3, Lantana, FL 33462 | 561-340-3304

Private Pay | Long Term Care Provider | VA Aid &amp; Attendance Companion Benefit Program

**Comfort  
Affection  
Respect  
Integrity  
Nurture  
Generosity****Caregiver Engaged ~ Companion By Choice****ADVERTISE  
HERE****Promote  
your Business AND  
Support your Parish.****Give us a call!  
800-997-4986****Kevin P. McCaffrey, D.M.D., M.S.**  
Board-Certified Orthodontist  
Complimentary Consultations!

561.964.5200

[www.seaofsmiles.com](http://www.seaofsmiles.com)6736 Forest Hill Blvd.  
West Palm Beach, FL**JUST ONE MORE REASON TO SMILE!****BE MY  
BUYER /  
SELLER**I am looking for a Valentine that  
wants to sell or buy a new home.Why not support your fellow  
parishioner of 20+ years.Has your realtor earned their  
BA, GRI, CLHMS, SRS, ABR, PSACheck out my "Patrick McCaffrey Realtor" Facebook page  
to see the most current real estate statistics for your city.**Patrick McCaffrey (417) 725-5555**  
[HPatrickMcCaffrey@gmail.com](mailto:HPatrickMcCaffrey@gmail.com)  
[ViewtifulHomes.com](http://ViewtifulHomes.com)*CORCORAN live who you are***ALL COUNTY**  
**FUNERAL HOME & CREMATORY***Pre-Planning Available***561-533-8878 • [www.allcounty.com](http://www.allcounty.com)****Catholic Family  
Owned & Operated****Changing Tides**  
WEIGHT LOSS

Physician Guided Weight Loss for Women

[changingtidesweightloss.com](http://changingtidesweightloss.com)**561-758-9993**[info@changingtidesweightloss.com](mailto:info@changingtidesweightloss.com)**Dr. Michael Shaw****SCOBEE-COMBS-BOWDEN**  
**FUNERAL HOME & CREMATORY***Locally Owned & Operated for 50+ Years*

LFD'S -

Michael W. Bowden • Timothy W. Hensley

US 1 &amp; NE 15TH AVE., BOYNTON BEACH, FL

[www.scobeecombsbowdenfuneralhome.com](http://www.scobeecombsbowdenfuneralhome.com)**561-732-8151****EWTN.COM/RADIO****EWTN**Global Catholic  
Radio**TUNE IN****Palm Beach Memorial**

Cemetery • Funeral Home • Mausoleum • Cremation

**ALL of your Funeral & Cemetery needs  
in ONE Location.****3691 Seacrest Boulevard****Lantana, FL 33462****Office: 561-585-6444****[www.palmbeachmemorial.com](http://www.palmbeachmemorial.com)****"Your Local Pre-Planning Experts"**