

Holy Spirit Catholic Church

1000 W. Lantana Road, Lantana, Florida 33462

Phone: (561) 585-5970 Fax: (561) 585-8482 Website: holyspiritlantana.com

Office Hours: Monday - Friday: 8:00 a.m. to 4:00 p.m. Email: office@holyspiritlantana.com



Second Sunday of Lent

February 25, 2024

Pastor

Rev. Eli St. Fort

Weekend Assistance

Msgr. Gabriel Ghanoum

Rev. Paul Nguyen

Rev. John J. Mericantante

Deacon

Deacon Kenneth "Ken" Vianale

Staff

Leonita O. Jempty, *Receptionist*

Patrice Althouse, *Director of Faith Formation*

Suzie Walsh, *Parish Administrator/Bookkeeper*

Tinah M. Mejia, *Youth Ministry Director*

Sergey Skobin, *Director of Music & Liturgy Ministries*

Abe Betances & John Hoang, *Maintenance*

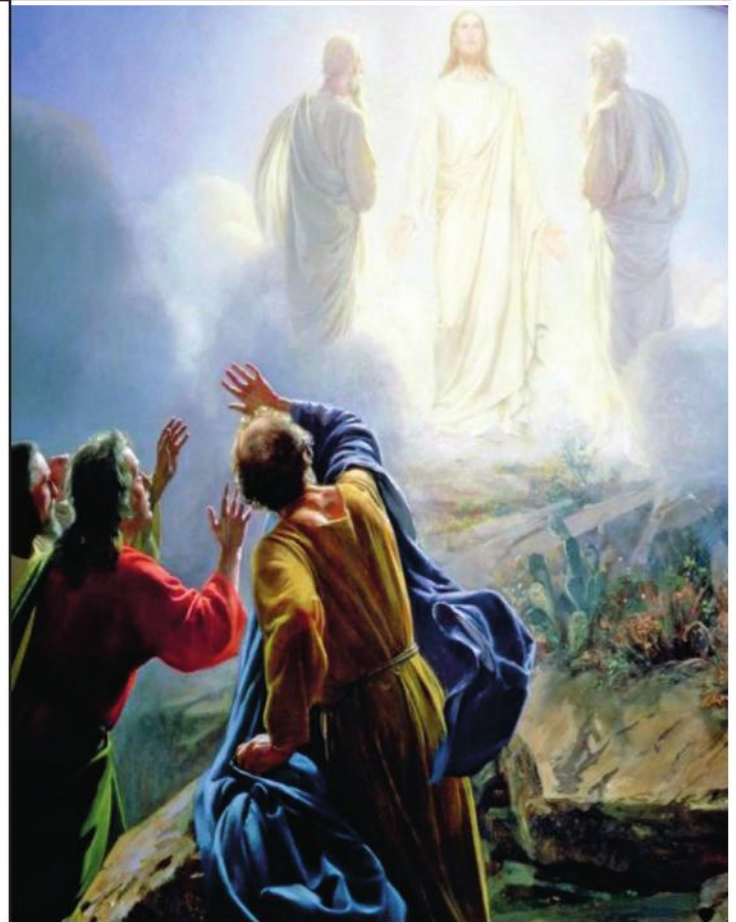
Maria Joya, *Housekeeping*

Sister Mary Therese Napolitan, OP, *Head Sacristan*

Tedy Charles, *Sacristan*

Suzanne Falcone, *Latin Mass Sacristan*

Trish Weaver-Monahan, RN, *Parish Nurse*



HOLY SPIRIT PARISH MISSION STATEMENT

We are called to embrace faith in the Son of God as Lord and Savior. In our Roman Catholic tradition, through the cleansing waters of Baptism, we die to self and rise as children of the Father.

Confirmed, empowered and guided by His Spirit, we become the church when we gather in His name, are taught with His living Word, and are nourished with His living presence.

So that, we might be sent to witness the Good News of the Paschal Mystery in loving service to the human family; and be united with Him and His Saints in Heaven forever.

Masses

Monday - Friday 7:30 a.m., 9:00 a.m.

Saturday 9:00 a.m.

Saturday Vigil 4:00 p.m., 7:00 p.m. Polish Mass

Sunday 7:30, 9:00, 10:30 a.m. and Noon

2:00 p.m. Latin Mass

4:30 p.m. Vietnamese Mass

Confessions in Church

Saturday 2:30 p.m.

Members of the Parish Council

Dr. Thomas Ermolovich, *Chairman*, Nancy Jutba, *Secretary*, Ruth Ann McVeigh, James Kintz, William Bond, Julie Vianale and Lazara Hurd

PARISH MINISTRIES

ANNULMENTS	561-585-5970
Dr. Thomas & Elaine Ermolovich	<i>annulments@holyspiritlantana.com</i>
BAPTISMS	561-585-5970
Patrice Althouse	<i>religious@holyspiritlantana.com</i>
CATECHESIS OF THE GOOD SHEPHERD	
Carmen West	<i>cjwest112gs@gmail.com</i>
COUNCIL OF CATHOLIC WOMEN	561-642-0513
Karen Zaremba	<i>KZarem@aol.com</i>
COUPLES FOR CHRIST	561-358-5262
Sam & Nancy Jutba	<i>ndjflorida@gmail.com</i>
CROCHET/KNITTING GUILD	
Jean Garner	561-585-5970
DIRECTOR OF LITURGY & MUSIC	
Sergey Skobin	<i>sskobin@holyspiritlantana.com</i>
DIVINE WILL PRAYER GROUP	561-585-5970
EVENTS/PARISH CALENDAR	561-585-5970
Parish Office	<i>office@holyspiritlantana.com</i>
FUNERAL ARRANGEMENTS	561-585-5970
Parish Office	
GIFT SHOP	561-585-5970
Marie Cantone and Peggy Giglio	
GREETING MINISTRY	561-585-5970
Parish Office	
HOLY LEAGUE MEN'S MINISTRY	
Brian Burnett	<i>HolySpiritMen@proton.me</i>
KNIGHTS OF COLUMBUS	561-221-7334
Paul Turner	<i>turnerpaul24@gmail.com</i>
LECTORS	417-725-5555
Pat McCaffrey	<i>hpatrickmccaffrey@gmail.com</i>
LEGION OF MARY	561-585-5970
Mariana Dutchram	
MARRIAGE PREPARATIONS	561-585-5970
Parish Office	<i>office@holyspiritlantana.com</i>
MASTER OF CEREMONY OF THE TRADITIONAL LATIN MASS	
Fernando Badillo	561-585-5970
MINISTERS OF HOLY COMMUNION/OUTREACH	
Sister Mary Therese Napolitan, OP	561-585-5970
MINISTRY OF HOSPITALITY/USHERS	
Parish Office	561-585-5970
MEDIA & MUSIC MINISTRY	561-585-5970
Manny Zaide	
MUSIC MINISTRY CHILDREN	
Christina Zaide	
PARISH NURSE MINISTRY	561-303-8450
Trish Weaver-Monahan, RN	<i>trishfein@bellsouth.net</i>
R.C.I.A.	561-585-5970
Wayne and Lazara Hurd	828-783-8701
RELIGIOUS EDUCATION/P.R.E.P.	561-585-5970
Patrice Althouse	<i>religious@holyspiritlantana.com</i>
RESPECT LIFE MINISTRY	561-631-7491
Carlota Goldstein	<i>cwfggold@gmail.com</i>
SANDWICH MINISTRY	561-585-5970
Leonita Jempty, Vinny & Peggy Giglio	<i>office@holyspiritlantana.com</i>
ST. VINCENT DE PAUL	561-585-0012
David Ramirez	
VOCATION CHALICE MINISTRY	561-585-5970
Leonita Jempty	<i>office@holyspiritlantana.com</i>
YOUTH & YOUNG ADULT MINISTRY	561-329-7288
Tinah M. Mejia	<i>youthministry@holyspiritlantana.com</i>

Stewardship of Treasure

PARISH COLLECTIONS

Weekly Offering - Sunday, February 18, 2024

Envelopes Received	197
Cash	\$ 5,519.00
Coins	\$ 7.18
Check	\$ 5,735.00
Total	\$11,261.18

Second Collection - Diocesan Retired Priests

Envelopes Received	92
Cash	\$ 1,411.00
Coins	\$
Check	\$ 940.00
Total	\$ 2,351.00

Ash Wednesday, February 14, 2024

Envelopes Received	94
Cash	\$ 3,616.00
Coins	\$ 4.20
Check	\$ 1,390.00
Total	\$ 5,010.20

PARISH STAFF

PASTOR:

Father Eli St. Fort 561-585-5970

DEACON:

Deacon Kenneth "Ken" Vianale
kviaale@holyspiritlantana.com 561-585-5970

PARISH ADMINISTRATOR/BOOKKEEPER:

Suzie Walsh
hsscbookkeeper@holyspiritlantana.com 561-585-5970

PARISH OFFICE:

Leonita Jempty 561-585-5970
office@holyspiritlantana.com
bulletin@holyspiritlantana.com

FAITH FORMATION:

Patrice Althouse 561-585-5970
religious@holyspiritlantana.com

YOUTH AND YOUNG ADULT MINISTRY:

Tinah M. Mejia 561-585-5970

MUSIC & LITURGY MINISTRIES:

Sergey Skobin 561-585-5970
sskobin@holyspiritlantana.com

MAINTENANCE:

Abe Betances, John Hoang & Maria Joya 561-585-5970

SACRISTANS:

Sr. Mary Therese Napolitan, OP 561-585-5970
Tedy Charles
Suzanne Falcone (Latin Mass) 908-627-2209

Mass Schedule

Saturday, Feb. 24, 2024

9:00a.m. †Souls In Purgatory by the Charles Family
 4:00p.m. Benefactors of St. Vincent de Paul
 †Eileen Horan by the Morin Family
 †Debbie Garcia by Rita & John Beconsall
 Vincent & Deisy Panarella - Intentions

Sunday, Feb. 25, 2024 – **SECOND SUNDAY OF LENT**

7:30a.m. Sr. Leanna Chrostowski-Birthday
 by the Poor Clare Nuns
 Benefactors of St. Vincent de Paul
 †Genoveva Hernandez by the Ceballo Family
 †Martin Fazio by his daughter, Margaret & Virginia
 People of the Parish
 9:00a.m. Benefactors of St. Vincent de Paul
 10:30a.m. Vivian & Clemente - Intentions by their Mom
 †Joan Stark by Beverly Harris, Tammy & Jeff Farr
 Benefactors of St. Vincent de Paul
 †Claudio D'Chutiis by his Wife & Family
 †Chief Mrs. Grace Adeyeye by Tammy Farr
 2:00p.m. Benefactors of St. Vincent de Paul
 †Souls In Purgatory by the Charles Family
 Tyrell, Tavares & Allen Families by Tahira Tyrell

Monday, Feb. 26, 2024

7:30a.m. †Souls In Purgatory by the Charles Family
 9:00a.m. †Kathlene Picone by Alice Manning

Tuesday, Feb. 27, 2024 - *St. Gregory of Narek*

7:30a.m. Gladys Ceballo - Birthday by her husband, William
 9:00a.m. Gladys Ceballo - Birthday by Kathy

Wednesday, Feb. 28, 2024

7:30 a.m. Sr. Berta Martinez, OSC - Birthday
 by the Poor Clare Nuns
 9:00 a.m. D'Amico, De Franco & Owczarek Families

Thursday, Feb. 29, 2024

7:30a.m. Vivian & Clemente - Intentions by their Mom
 9:00a.m. †Marion & Edward Prugar by Mary D'Amico & Fam

Friday, Mar. 1, 2024 - *World Day of Prayer* **ABSTINENCE**

7:30 a.m. †Souls In Purgatory by the Charles Family
 9:00 a.m. †Anthony & Sadie D'Amico by their Family

Saturday, Mar. 2, 2024

9:00a.m. Lina Quiros - Birthday by the Ceballo Family
 4:00p.m. †John Papa by Marguerite Vitiello
 †Mary Horvath by Jackie & Lucille Fraser
 †George Anthony Levy by Jackie & Lucille Fraser
 Mercedes Camacho - Intentions by Vincent & Deisy

Sunday, Mar. 3, 2024 – **THIRD SUNDAY OF LENT**

7:30a.m. †Souls In Purgatory by the Charles Family
 †Leonilde Pacheco by Erica Mora
 †John Karimian by Mr. & Mrs. Gerard Alianarian
 9:00a.m. Fr. Ding Zamora - Birthday by Fe Edjan
 †Richard Saleeby by Janet Willgerodt
 †Jean Marie McCann by Maureen Sheppard
 People of the Parish
 10:30a.m. †Souls In Purgatory by Nancy Bramante
 12:00N †Elizabeth St. Hill Sheppard by Eileen Sheppard
 Frank Finoh & Family - Intentions by Thaira Tyrell
 2:00p.m. †Frances Del Spina by her husband, Anthony
 †Elizabeth Whyte by Greg & Kate Liernann



Scripture Readings & Saints & Special Observances For the Week of February 25, 2024

Sunday *Second Sunday of Lent*
 Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15,
 16-17, 18-19; Rom 8:31b-34; Mk 9:2-10

Monday Dn 9:4b-10; Ps 79:8, 9, 11 and 13;
 Lk 6:36-38

Tuesday Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21 and
 23; Mt 23:1-12

Wednesday Jer 18:18-20; Ps 31:5-6, 14, 15-16;
 Mt 20:17-28

Thursday Jer 17:5-10; Ps 1:1-2, 3, 4 and 6;
 Lk 16:19-31

Friday Gn 37:3-4, 12-13a, 17b-28a; Ps 105:16-17,
 18-19, 20-21; Mt 21:33-43, 45-46

Saturday Mi 7:14-15, 18-20; Ps 103:1-2, 3-4, 9-10,
 11-12; Mt 5:43-48

Sunday *Third Sunday of Lent*
 Ex 20:1-17 or Ex 20:1-3, 7-8, 12-17;
 Ps 19:8, 9, 10, 11; 1 Cor 1:22-25;
 Jn 2:13-25

LENT

PRAYER PENANCE ALMSGIVING

God of time and of eternity,
 You bless us with this holy season of Lent
 for the remembrance and renewal of the
 way of life we embraced in baptism.
 Grant us a season of good and honest labor.
 Prosper the work of our hands, and support
 us when our efforts fail.
 Weather at the first hour or at the
 eleventh hour,
 may all of us enter into the privileged time
 of prayer, fasting, and the sharing of charity.
 We ask this through Christ our Lord.
 Amen

PENANCE SERVICE

Tuesday, March 12

6:00pm

Church

Be merciful,
O Lord,
for we have
sinned.

Adsumus Sancte Spiritus

We stand before You, Holy Spirit,
as we gather together in Your name.

With You alone to guide us,
make Yourself at home in our hearts;

Teach us the way we must go
and how we are to pursue it.

We are weak and sinful;
do not let us promote disorder.

Do not let ignorance
lead us down the wrong path
nor partiality influence our actions.

Let us find in You our unity
so that we may journey together
to eternal life

and not stray from the way of truth
and what is right.

All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever.

Amen.

Latin Mass Extraordinary Form



Second Sunday of Lent

February 25, 2024

2:00 P.M.

For more information,
Visit www.pblatinmass.com

Adoration of the Blessed Sacrament



THURSDAY

9:30a.m. - 7:00p.m.

Church

Bible Class BOOK OF GENESIS

Hosted by Deacon Ken

**Friday
10:00am-11:30am**

Chapel



My Sisters and Brothers in Christ,
I am pleased to share with you the
2024 *Diocesan Services Appeal* theme,
Give us this day our daily bread (Matthew
6:11). This theme embraces the current
phase of the *National Eucharistic Revival*
that focuses on fostering Eucharistic

devotion at the parish level and strengthening our liturgical life
through faithful celebration of the Mass. An additional milestone
being commemorated this year is the 40th anniversary of the
establishment of our Diocese, during which we have steadfastly
served our communities as a Eucharistic people.

Your faithful support of the *Diocesan Services Appeal*, both
prayerfully and financially, allows the Diocese of Palm Beach
to fulfill the Gospel mandate of loving God and neighbor.
Our Diocesan family, comprising 54 parishes and missions in five
counties, is united in our mission of service to the People of God.

By supporting the DSA, you will help make a definite difference
in the lives of your neighbors, for which I would be deeply
grateful. Your generosity will sustain our tradition of sharing
and bringing hope to others.

I prayerfully ask you again to consider a gift to this year's
Diocesan Services Appeal. Your participation in the appeal is a
vital part of our ability to provide services for our Diocese and for
those in need. Please know that I am praying for God's blessings
on you and your family.

With every prayerful wish, I am

Sincerely yours in Christ,

Most Reverend Gerald M. Barbarito
Bishop of Palm Beach

Planned Giving

Planned giving, or legacy giving, is the practice of designating a
gift to a charitable organization during one's lifetime or as part of
an estate plan. The gift could include cash, wills, bequests, stocks,
retirement assets, real estate, life insurance, annuities equity or
personal property. This act of philanthropy serves as a meaningful
way to honor your Catholic faith and create a memorial. Donors
can minimize capital gains tax when transferring assets as part of a
planned gift, further maximizing the contribution to charity.

Donor Categories

Donors can become a DSA Partner, which are those donors who
exemplify leadership generosity for donating or pledging \$1,000 or
more. The DSA Partner categories include gifts or pledges of:

- \$25,000: Circle of Joy
- \$2,500: Circle of Faith
- \$10,000: Circle of Charity
- \$1,000: Partner
- \$5,000: Circle of Hope

Ways to Give

Donation envelope mailed to your home • In-pew envelope

Planned giving • Online • Employer gift matching

Gifts and pledges can be made using cash, check, credit card, debit card,
direct debit/bank authorization, money order/cashier's check.

DiocesePB.org/DSA | (561) 775-9590

Diocese of Palm Beach

9995 N. Military Trail | P.O. Box 109650
Palm Beach Gardens, FL 33410-9650

(561) 775-9590 | DiocesePB.org/DSA | Fax: (561) 799-9527



Diocese of Palm Beach Parishes and Schools

2024 PARISH COMMITMENT \$129,000

STATIONS OF THE CROSS



**Every Friday
during the Lenten Season
6:00 p.m.**

Participants and Volunteers are Needed!

**Would you like to be part of the Live Stations
of the Cross Experience? Then sign up.
Help spread the word to others who can
donate their talents and or time offering
helping hands.**

**We need carpenters, graphic designers, men
with beards, helping hands, women, kids to
play as angels and more. Rehearsals to be
announced.**

**Stop at the office to register or text at
561-351-0272**

Religious Education Program

We will be accepting **Easter basket donations** for the Easter baskets for the children of our parish during the bake sale. Any donations can also be dropped off at the office during the hours of 8:00 a.m. to 4:00 p.m. Monday through Friday, or at the gift shop before and after Masses on the weekends. Items we will be collecting will include:

Baskets – Easter grass – Eggs – Basket wrap sheets – Candy – Toys

Should you have any questions, please do not hesitate to contact Patrice at (561) 585-5970. We look forward to seeing everyone there, and as always, thank you for your generous support.



What is the Church's official position concerning penance and abstinence from meat during Lent?



In 1966 Pope Paul VI reorganized the Church's practice of public penance in his "Apostolic Constitution on Penance" (*Poenitemini*). The 1983 revision of the Code of Canon Law incorporated the changes made by Pope Paul. Not long after that, the U.S. bishops applied the canonical requirements to the practice of public penance in our country.

To sum up those requirements, Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal.

Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.

EASTER FLOWER ENVELOPES



On Easter Sunday and throughout the Easter Season, our altar will be decorated with beautiful Spring flowers. If you would like to help defray the cost of the flowers, please pick up an envelope found in the church pews. Any amount will be greatly appreciated.

Tax Acknowledgement Letters for Registered Parishioners

Your tax deductible donations are recorded throughout the year, if they were placed in offertory envelopes. Please note that yearly tax acknowledgement letters will be available upon request only. Please allow sufficient time for your letter to arrive. If you would like to request a tax acknowledgement letter, please call the parish office at **561-585-5970** or e-mail

Hsccbookkeeper@holyspiritlantana.com

VOCATION CHALICE

Vocation Chalice Ministry is an effort to pray for an increase of vocations to the priesthood and religious life. Each Sunday after communion, the family scheduled will receive the Vocation Chalice which has been set aside for this purpose.



They receive a blessing and take the chalice home, putting it in a place of honor. Each day of the week, the family prays for an increase in and perseverance of vocations.

The Vocation Chalice will be handed on Sunday at the 12:00noon Mass. If you are interested in bringing the chalice home, call the parish office during office hours or you may send an e-mail to our parish e-mail.

SCHEDULE FOR THE MONTH OF MARCH 2024

March 3	-	Dutchram Family
March 10	-	Saul Family
March 17	-	Coakley Family
March 24	-	Murphy Family
March 31	-	Sylvain Family



2ND SUNDAY OF LENT

This is a Test

I used to wonder how God could lie to Abraham about sacrificing his son Isaac. But the story begins by telling us God put Abraham to the test. Abraham himself seems to know it's a test—in verses left out of our reading, he tells the servants that he and Isaac will return after the sacrifice; he also tells Isaac that God will provide the offering. Apparently, I'm the only one fooled by God.

I don't know if I would have passed the test. I would have at least argued with God about it, begging him to spare my son. Yet in our second reading, St. Paul reminds us that God did not spare His own son. (Rom 8:32) He passed his own test. Jesus was sacrificed so that God could show us how much He loved us: By dying, Jesus showed us the promise of resurrection, which shows us that we can also have new life by the forgiveness of our sins. If God loves us so much that He gives his Son to die for us, why would He not forgive us? Or as Paul says, if He is on our side, who can hurt us?

What does that tell us about life? You may have noticed that things don't always go your way. We sometimes suffer for no apparent reason. We may lose someone we love through death. We may be tempted to lose faith when we see wars, killer tornados, terrorist attacks—if "God is for us," why does He allow these things? Because He is still testing us. And not necessarily testing the victims of these troubles. If I get angry at God because I hear about someone's death, I haven't passed the test.

Does that mean those tragedies are our fault? No, God gives everyone free will and some people choose to do wrong. And some accidents are just accidental; no one is necessarily at fault. God intervenes sometimes and lives are saved. Other times, God intervenes by saving us after death with our resurrection. But as long as people doubt God's love, there will be tests. That's why it is so important to proclaim the Kingdom: so that someday all people will know God's love and not need to be tested.

Tom Schmidt

Mountaintop Experiences

A popular church hymn declares, "Glory and Praise to Our God, who alone gives light to our days. Many are the blessings He bears to those who trust in His ways". We can see the glory of God reflected in His many creations.

Have you ever seen the opening scene of the beloved classic, *The Sound of Music*? As a child I would always rush through it. There were no lines, just the sounds of birds and wind along panoramic views of the Swiss Alps. Why would anyone want to waste time looking at the greenery and high-pointed rocks, I would wonder to myself. Yet it is in the grand landscape of the mountains that God often manifests himself.

Whether it was where Elijah heard the quiet voice of God in a whisper, or where Moses spent forty days encompassed by loud thundering as he received God's covenant, mountains and other high places have often been special spots where we can come closer to God. Perhaps in all the Bible no one comes physically closer to observing God's glory than on Mount Tabor where Peter, James and John encounter the transfiguration of Christ. Here in a truly physical sense do the opening words of John's Gospel speak, "And the light shone in the darkness, and the darkness shall not overcome it."

This could not provide a more adequate visual for our human senses. He remained human and yet is, was and forever will be, divine. He was radiant, so much more glorious than they had already come to understand while here on Earth. I ask that today we reflect on and be thankful to God for revealing a first glimpse of Himself, using the senses of nature, whether through the greatest heights or the warmth of His everlasting light. *By Alexis Dallara-Marsh*

Jesus took Peter,
James, and John
and led them up
a high mountain
apart by
themselves. And
he was
transfigured
before them,
and his clothes
became dazzling
white.

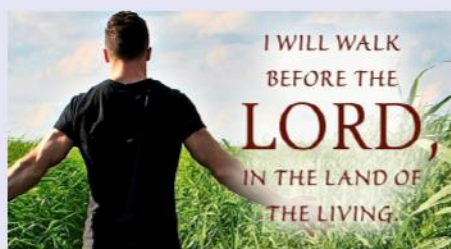
Mark 9:2,3



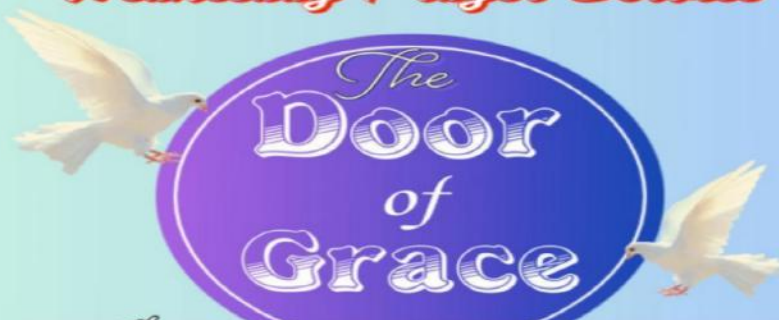
Charismatic Prayer Group

Anointing Fire Catholic Ministry invites each one of you in the name of Jesus to a beautiful evening of Worship and Prayer with Deacon Ken on Wednesday, February 28 @7pm EST at Holy Spirit Church (Chapel). Spend an hour with the Lord in Praise and Worship, Scripture reflection and Intercessory prayer.

Join and be Blessed in the Spirit of the Lord!!



AFCM FL invites you to
Wednesday Prayer Service



28th February 7PM EST

Holy Spirit Catholic Church
1000 Lantana Road, Lantana, FL 33462

Scripture Reflection by

- ◆ Praise & Worship
- ◆ Scripture Reflection
- ◆ Intercessory Prayers



Deacon Ken Uianale

zoom 869 5740 7048
f YouTube @AFCM FLORIDA

afcmflorida@gmail.com (561) 635-3869 www.afcmflorida.org

QUARTER AUCTION

SPONSORED BY
COUNCIL OF CATHOLIC WOMEN

March 2, 2024, Holy Spirit All Saints Hall
11:30 a.m. to 3:00 p.m.

\$2 per paddle

Food Available for Purchase



HOLY SPIRIT PARISH LENTEN PROJECT

FORGOTTEN SOLDIER OUTREACH

"WE CARE" PACKAGES

FEBRUARY 14- MARCH 24



Forgotten Soldiers Outreach depends on generous donations and volunteers to continue the mission of sending "that little bit of home" to our troops. The "WE CARE" packages are full of hygiene items, snacks, treats, and letters of encouragement. All of these items are donated. Monetary donations are used to cover shipping costs. Volunteers work tirelessly sorting donations, checking inventory, and packing boxes. Forgotten Soldiers Outreach is based in Lake Worth, Florida. Volunteers are local and help in the warehouse and office.

Holy Spirit Council of Catholic Women is sponsoring the Parish Lenten Project. Please look at the list of items needed to fill packages. A large collection box will be located in the foyer weekly for donations of the items below. Families may also use the "WE CARE" Boxes to save cash donations throughout Lent to purchase items and postage. "WE CARE" Boxes should be returned by Palm Sunday March 24th.

Toiletries/Hygiene (travel size)

Single toothbrushes
Lip balm ChapStick
Hand sanitizer
deodorant
shave cream packets
baby wipes

shampoo
dental floss
bar soap
sunscreen
body wash
body lotion

Food Items

Ramen noodles
Breakfast/snack bars
Fruit Roll ups
Individual wrapped drink mixes
Individual wrapped crackers.
Individual wrapped nuts dried fruit
Individual foil tuna/salmon packs

Additional Items

crew socks
insect repellent wipes
sandwich storage bags
heavy duty packing tape

Alcohol, aerosol cans, tobacco, canned food, pork products, hotel toiletries, expired or used items cannot be shipped.





From the Parish Nurse

Trish Weaver- Monahan, RN
(561) 303-8450



Stroke Awareness

Stroke is the fifth leading cause of death in the United States and is a major cause of adult disability. About 800,000 people in the United States have a stroke each year. One American dies from a stroke every 4 minutes. Stroke is a medical emergency. Recognizing the signs of stroke and getting medical treatment immediately may lessen the severity and long-term effects of a stroke.

B.E.F.A.S.T. is an easy way to remember the sudden signs of stroke. When you can spot the signs, you'll know that you need to call **9-1-1 for help right away**. **B.E.F.A.S.T.** is:

B. – Balance Lost – Sudden loss of balance with difficulty standing or walking and lack of coordination.

E. – Eyes Blur – Blurred vision or double vision. Sudden vision trouble in one or both eyes.

F. – Face Drooping – Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven?

A. – Arm Weakness – is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

S. – Speech Difficulty – Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple statement, like "The sky is blue." Is the sentence repeated correctly?

T. – Time to call 9-1-1 – If someone shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get the person to the hospital immediately. Check the time so you'll know when the first symptoms appeared.

Other symptoms include: sudden confusion or trouble understanding, and sudden severe headache with no known cause. **Immediate medical treatment may minimize the long-term effects of a stroke and prevent death.**

For more information regarding strokes and treatments go to strokeassociation.org.

The Arm of
ST. JUDE THE APOSTLE
is visiting the United States and is coming to
THE STATE OF FLORIDA

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CHURCH: St. Peter Catholic Church

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VENERATION OF THE RELIC BEGINS: 2:00 PM

SPECIAL MASS IN HONOR OF SAINT JUDE: 7:00 PM

VENERATION ENDS: 10:00 PM

CHECK THE WEBSITE BELOW FOR OTHER LOCATIONS



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People of the Parish

Altar Flowers & Candles
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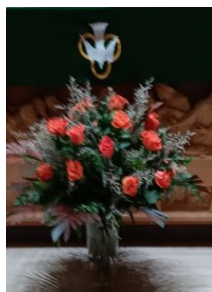
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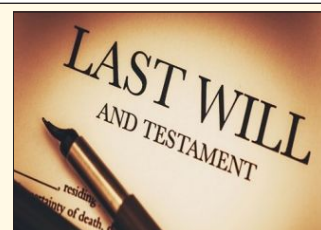
Our Sanctuary Lamp may be sponsored on a weekly basis. You may sponsor the Sanctuary Lamp in memory of a loved one, in thanksgiving, for a birthday or for any other occasion. Please visit or call the parish office to schedule your desired date. **Cost is \$25 per week.**



SPONSOR THE ALTAR FLOWERS & CANDLES

The Altar Flowers and Candles can be sponsored on a weekly basis. This will be a great opportunity to offer special intentions such as: ***Birthday, Thanksgiving, Death Anniversary or any other special occasions*** for your special loved ones. Suggested

The celebration of a Christian's life brings hope and consolation to the living. As we plan for our eternal life, it is always good to remember those that we love. Having a Will is good stewardship.



When there is a Will there is a way to be an angel for your parish. Please remember Holy Spirit Catholic Church in your Will.

These gifts help us to build a solid foundation for the Catholic formation of future generations. We appreciate the thoughtfulness of parishioners who have left bequests to Holy Spirit Catholic Church.

You can have an everlasting influence on the lives of your parish family of Holy Spirit Catholic Church. There are various forms of bequests that can be made. Bequests may come in the form of a specific dollar amount, by adding Holy Spirit Parish to your account; securities, real estate, tangible property, and retirement account assets.

If a Will or Trust already exists, a codicil amendment can be easily added to your current will. Holy Spirit Catholic Church is a charitable non-profit institution; therefore all bequests are fully tax deductible for estate tax purposes.

For additional information, please contact the parish office at 561-585-5970 or e-mail office@holyspiritlantana.com or complete the form below and drop it in the offertory basket or bring it to the parish office and someone will contact you. Thank you for your generosity!

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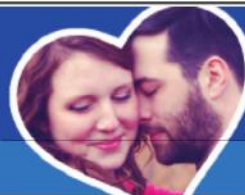
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